

## **Frequently Asked Questions?**

### **How long will my son/daughter be admitted?**

The average length of stay is two to three days. Families are encouraged to join our discharge team to make sure steps (and appointments) are in place to help your child toward wellness. It is our goal to make your child's stay only as long as is needed to address what brought your child to our program.

### **Is information about my child kept private and confidential?**

Patients and staff are required to maintain confidentiality at all times. The information contained in your child's medical record is confidential. It is a legal requirement that Gracepoint receive specific authorization prior to releasing any information. Authorization is given by completing a Release of Information form (ROI).

### **Will my child be prescribed medication? Or have medication changes without my knowledge?**

Every child is assessed individually and included as well as parents in the treatment process. Your child's doctor will discuss treatment options with you. If you have your child's medical history available, it would be helpful to bring during your evaluation. Parents must be involved and give consent for any medication additions or changes.

### **When may I visit?**

Visiting hours is as follows:

Monday - Friday

Ages 5-13 is from 5:30 - 6:30 pm (You must check-in between 5:15 - 5:45 pm)

Ages 14-17 is from 6:45 - 7:45 pm (check-in is from 6:15-6:45)

Saturday and Sunday

Ages 5-13 is from 2-3 pm (check-in 1:30 - 2:15 pm)

Ages 14 - 17 is from 6 - 7 (check-in 5:30 - 6:15 pm)

Special accommodations may be arranged with unit staff for situational needs. Families are encouraged to visit routinely.

### **Can other people visit my son/daughter?**

Your child's treatment team will ask you for a list of people (friends or extended family) who have your permission to visit. These visits should be pre-arranged with the team.

### **Can my child wear regular clothes?**

Yes. You can bring comfortable clothes for your child to wear, such as play or school clothes. You should also bring pajamas.

### **What other things should I bring or leave at home?**

Staff will check any belongings that you bring to your child to ensure their safety. We will provide all toiletries.

**What will my child eat while admitted?**

Our dining room serves individual meals for breakfast, lunch and dinner. A licensed dietician works with our team to provide a healthy, well balanced diet. Upon arrival, dietary needs are taken into consideration and if requested vegetarian meals are available.

**What about school?**

We are pleased to share we have a full-time teacher on the unit so your child can keep up with some schoolwork while getting well.

**What do I tell other people about where my child is?**

Many parents struggle with this question at some point during their child's admission. Be selective. Remember that different people are going to have different reactions - some you will expect, and some will surprise you. Support is important. Remember YOU choose how much information to share. For parents and family members we understand this is a difficult and often stressful experience. Please know we have supportive staff members here to help you as well.